

**Free entry**

## **Fjord-O Nordvestgaloppen 2010**

As an elite orienteer, we welcome you to take part in Fjord-O Nordvestgaloppen 2010. This invitation goes to runners ranked among the 25 best in IOF World Ranking, and to selected national team runners.

Visit [http://nordvestgaloppen.no/2010/pamelding\\_eng.htm](http://nordvestgaloppen.no/2010/pamelding_eng.htm) and enter for the races. We will cover your entry fee in the class H21AL/D21AL if you enter before June 18 2010.



Already, several top international runners have entered or have signaled participation in Fjord-O Nordvestgaloppen 2010, as preparation for WOC in Trondheim, Norway in August 2010.

Fjord-O Nordvestgaloppen 2010 organizes training with maps and prepared courses in the period of July 10-20. Please contact Christian Frøyd [christian.froyd@hisf.no](mailto:christian.froyd@hisf.no) , +47 93452663, for more information.

Kind regards

Fjord-O Nordvestgaloppen 2010